

Secondary Assembly Script



Slide 1:

Good morning. This week is Pupil Voice Week 2025, and the theme is The Power of Words.

Slide 2:

We'll be exploring how what we say can inspire, connect, support, and empower — and how our words shape relationships, mental health, and confidence.

Slide 3:

Words are not just information. They influence how people see themselves and the world.

They can change how someone feels in seconds.

Think of a time someone said something that stuck with you — good or bad. What made it so memorable?

Slide 4:

Every day, you have the chance to use these four powers:

- Inspire – telling someone they could make a great leader.
- Connect – finding common ground in a conversation.
- Support – letting someone know 'I've got your back.'
- Empower – encouraging someone to stand up for themselves or others.

Slide 5:

However, if you're not careful, you can be incredibly destructive and unkind with your words. We should always try to avoid saying things that could...

- Upset – sometimes words can really hurt our feelings. A mean comment can stay in our minds for a long time.
- 

- Discourage – when someone tells us we're not good enough, it can stop us from even trying. Those words can take away our confidence.
 - Exclude – Leaving someone out with our words, or making them feel unwelcome, can be just as painful as being left out of a game or group.
 - Confuse – If words are used to trick, mislead, or put someone down in a way that doesn't make sense, it can leave people feeling lost or unsure of themselves.
- 

Slide 6:

Words have sparked revolutions, inspired art, and changed lives.

Think of speeches like 'I have a dream,' – that speech was made by Martin Luther King over 60 years ago and it's still talked about, remembered and celebrated today. Or even song lyrics that speak to you can give you a lift or feel better about yourself. Are there any famous quotes, phrases, speeches or lyrics that are important to you?

Slide 7:

Your words can help someone feel accepted, respected, and understood.

They can also damage trust or confidence if used carelessly.

This applies in person, in group chats, and on social media.

Slide 8:

Think about the last compliment you gave — and the last criticism.

Which do you think had more impact? Why?

Share your thoughts with the person next to you.

Slide 9:

This week, take part in the Your Words Matter challenge.

Write a word or short phrase in a speech bubble that inspires, connects, supports, or empowers.

We'll display them and share some online using our Pupil Voice Week hashtag.



Slide 10:

Words are not just incredibly powerful when providing support, but also when asking for it. We all need help from time to time, and when we do so, we very often find that we're not alone and there are others that have a similar problem or concern.

Slide 11:

Some people find it harder than others to open up about things that are upsetting them.

You could talk to a parent; a teacher; a friend; another family member. But if you find talking in person too difficult, you can use tootoot.

Slide 12:

Tootoot is an app that allows you to discreetly and confidentially talk about things that may be concerning you. The message will be received by a teacher in the school, who will help you.

Slide 13:

Simply log in and start typing in what's on your mind. You will be anonymous unless there is a genuine concern about your wellbeing.

Slide 14:

The conversation will then go back and forth until the concern has been 'resolved'. Your concerns will always be taken seriously so please use this sensibly.

Slide 15:

We are always here to support and help you if there's anything that's on your mind.

Always tell a parent, a teacher, a friend or tootoot if something is making you feel unhappy or unsafe.



Primary Assembly Script



Slide 16:

We are always here to support and help you if there's anything that's on your mind.

Always tell a parent, a teacher, a friend or tootoot if something is making you feel unhappy or unsafe.

