



 Pupil Voice Week

THE
POWER OF
WORDS

OBJECTIVES

- To understand how words have power
 - To explore the different ways words can affect people
 - To understand why what we say matters so much
 - To put into practice what we've learned!
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WHAT DOES THE POWER OF WORDS MEAN?

Words are incredibly powerful!

What you say and how you say it, can affect people's mood and behaviour.

Is there a word that makes you feel good?



THE POSITIVE POWER OF WORDS



Connect



Support



Inspire

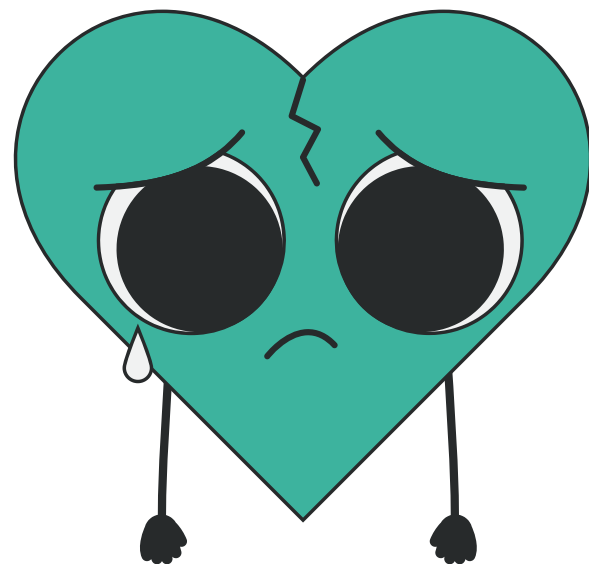


Empower

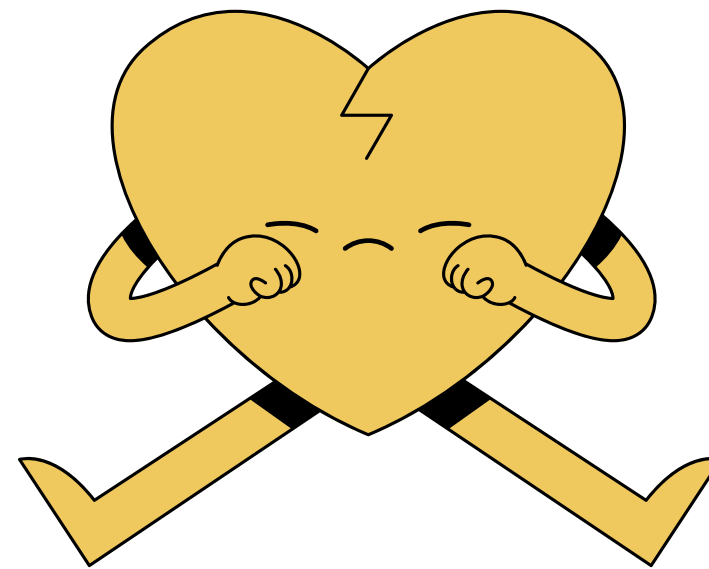
TRY TO AVOID WORDS THAT CAN...



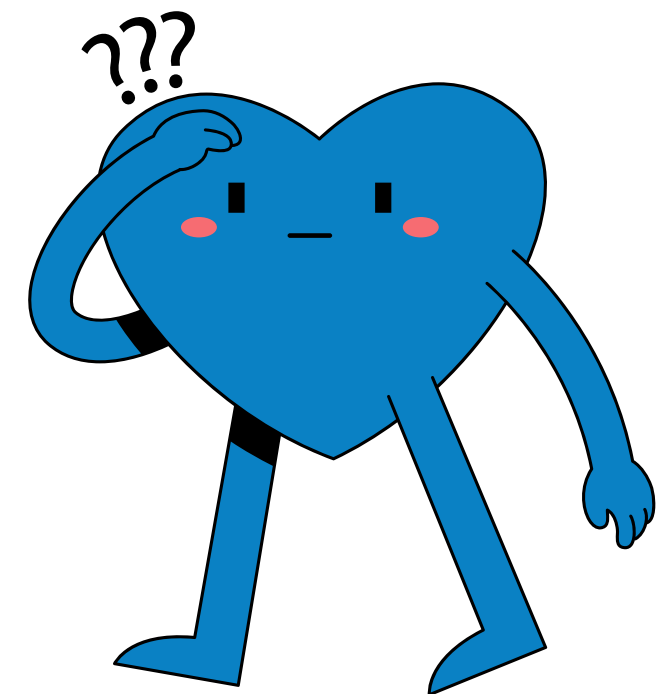
Upset



Discourage



Exclude



Confuse

HOW DO YOU FEEL?



WHAT WE CAN SAY CAN CHANGE SOMEONE'S DAY!

Kind words can help friendships grow.

Unkind words can hurt feelings for a long time.

And it's not just face-to-face - the same is true online.



WHY DO WORDS MATTER?

★ The right words can make the difference between

- Happiness and Sadness
- Confidence and Doubt
- Understanding and Confusion
- Success and Failure

QUICK ACTIVITY!

Turn to the person next to you. Share one nice word or sentence with them.

How did it feel to hear something kind.
And how did it feel to say something kind?



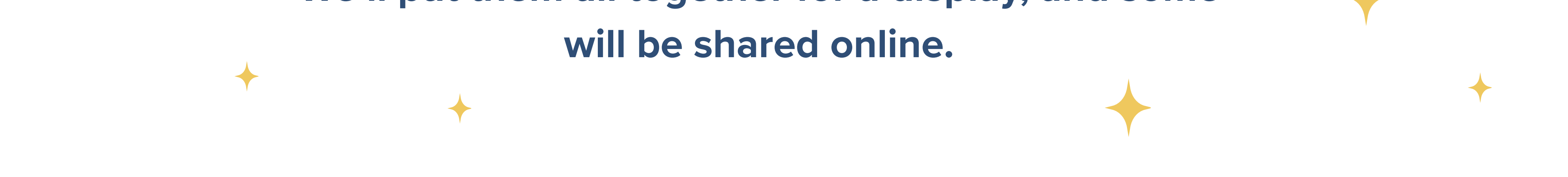


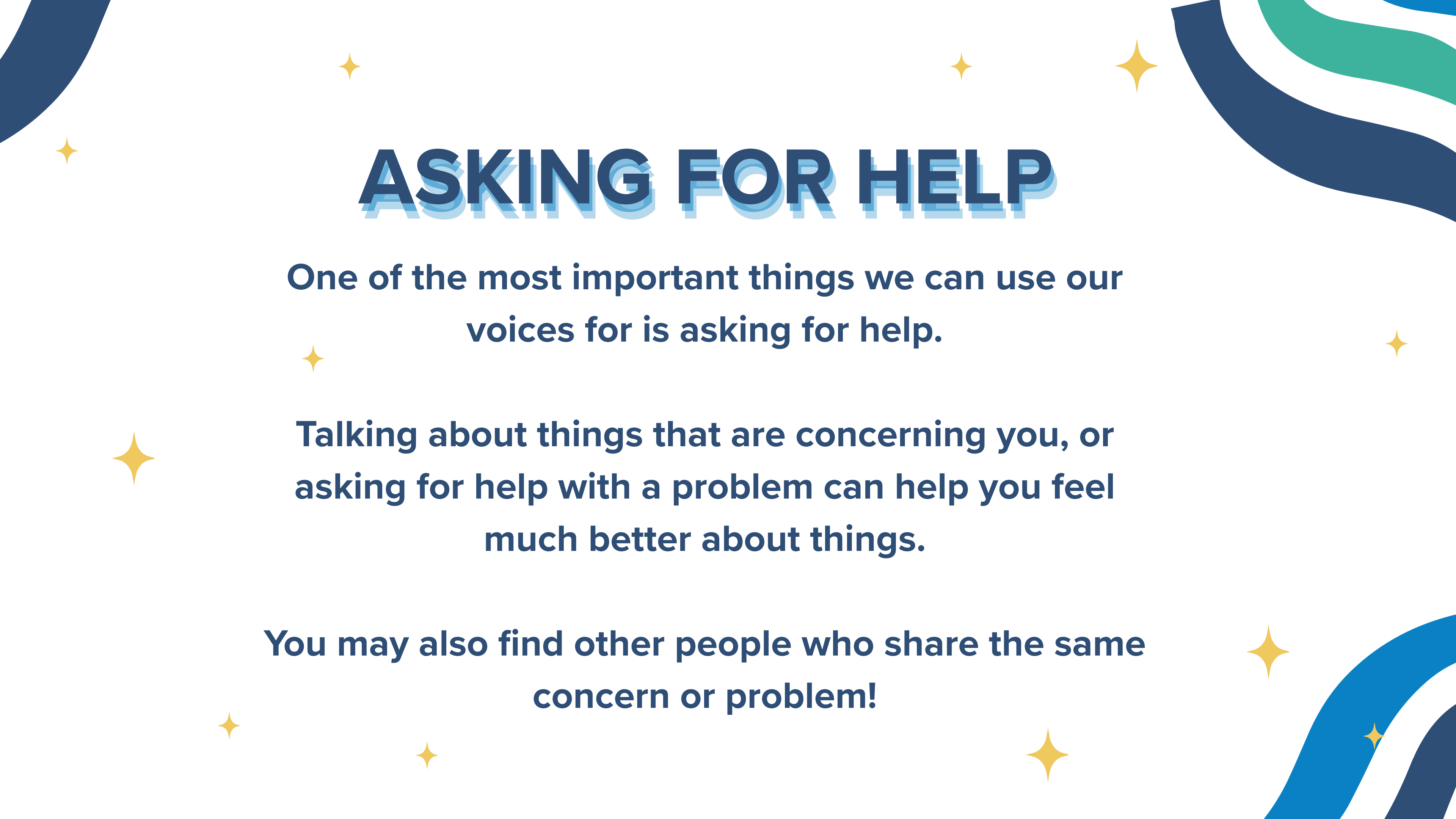
YOUR CHALLENGE

This week, we want you to take part in the Your Words Matter challenge.

You'll get a speech bubble to write a word or short sentence that inspires, connects, supports, or empowers.

We'll put them all together for a display, and some will be shared online.





ASKING FOR HELP

One of the most important things we can use our voices for is asking for help.

Talking about things that are concerning you, or asking for help with a problem can help you feel much better about things.

You may also find other people who share the same concern or problem!

★ WHO CAN WE TALK TO?

If you have anything you need to talk about,
remember you can talk to...

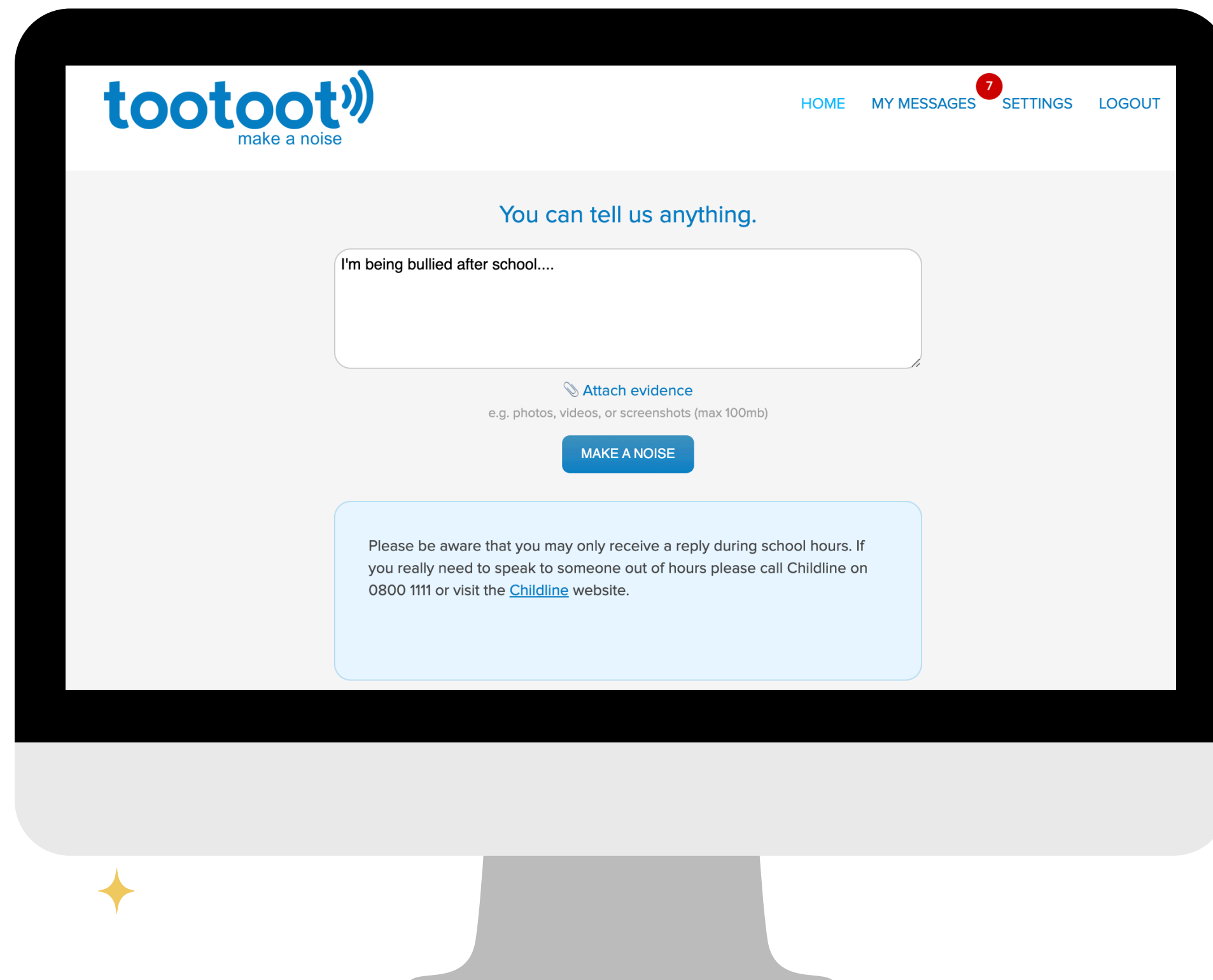
- A friend
- A parent
- A teacher
- tootoot



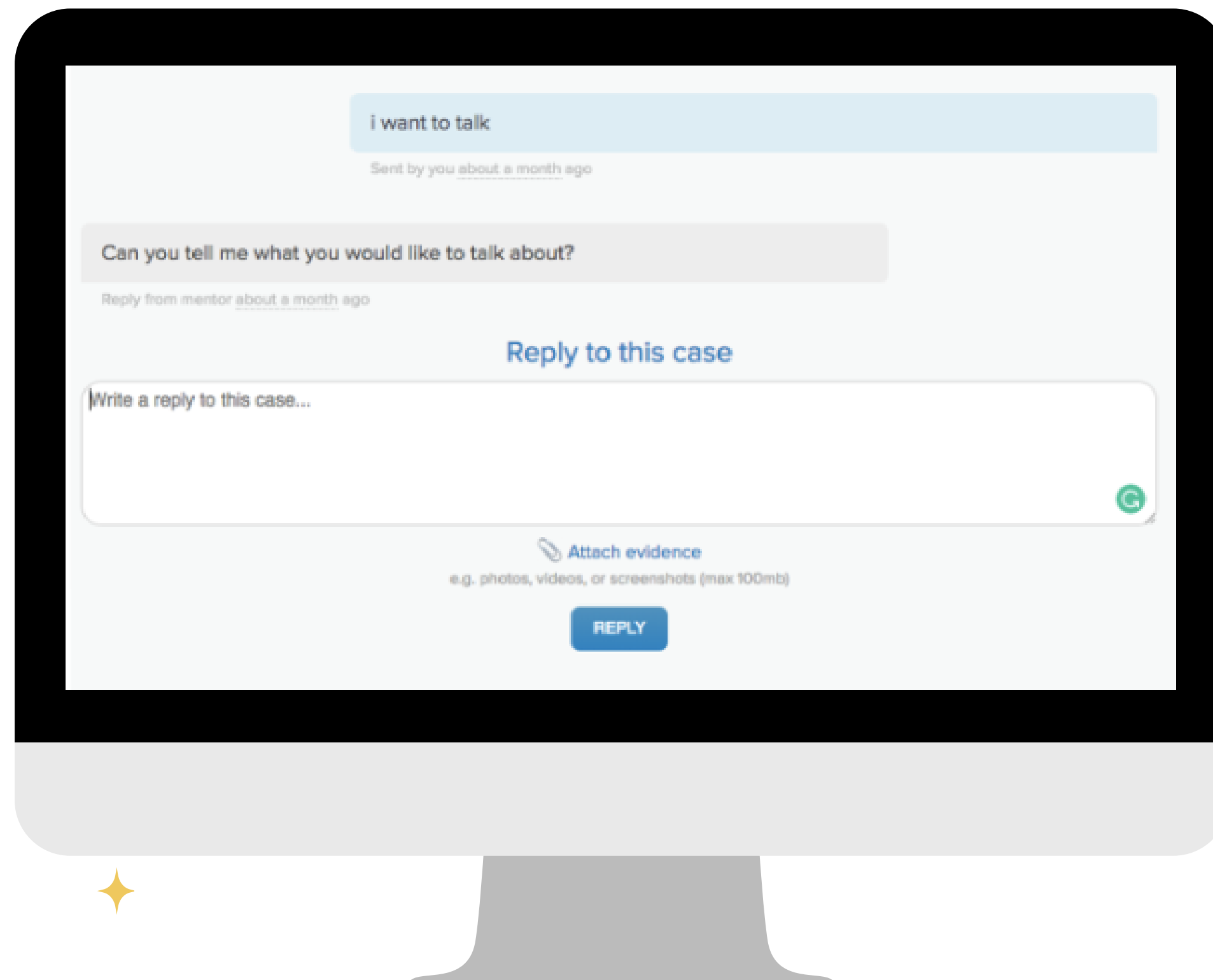
WHAT IS TOOTOOT?

- You can use tootoot to talk about anything that is making you feel unhappy or unsafe, no matter how big or small.
- It is anonymous!
- Your message goes through to a trusted teacher who will help you.
- You can login to tootoot at yourschoolname.tootoot.co.uk or download the app!
- If you can't remember your login please speak to [teachersname](#) who will help you reset it.

WHAT IS TOOTOOT?



WHAT IS TOOTOOT?





 **Pupil Voice Week**

THANK YOU!

