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Slide 1:

Good morning everyone! This week is Pupil Voice Week 2025, and our theme is The Power of Words.

Slide 2:

We're going to explore how what we say can inspire, connect, support, and empower — and how we can use our words to make the world a better place. Here are our objectives for this assembly — read out slide

Slide 3:

Words are more than just sounds or writing on paper.

They can make someone feel happy, brave, and loved — or they can make someone feel sad, lonely, or worried.

Let's think... what's a word that makes you feel good? Put your hand up and share.

Slide 4:

Words can do amazing things. They can...

- Inspire like when a friend says 'I think you'd be great in the school play!'
- Connect saying 'Do you want to play with me?' to someone new.
- Support telling a friend 'I'm here for you.'
- Empower reminding someone 'You can do this!'

Slide 5:

Words can also affect people in a bad way. We should always try to avoid saying things that could...

• **Upset** – sometimes words can really hurt our feelings. A mean comment can stay in our minds for a long time.





- Discourage when someone tells us we're not good enough, it can stop us from even trying. Those words can take away our confidence.
- Exclude Leaving someone out with our words, or making them feel unwelcome, can be just as painful as being left out of a game or group.
- Confuse If words are used to trick someone, or put them down in a way that doesn't make sense, it can leave people feeling lost or unsure of themselves.

Slide 6:

Let's imagine... You're drawing a picture and you've put a lot of effort into it. Someone says, 'I love your drawing!' How do you feel?

Now imagine someone says, 'That's rubbish,' and laughs at it. How do you feel?

The words are different — and so are the feelings they cause.

Slide 7:

What we say can change someone's whole day.

Kind words can help friendships grow. Unkind words can hurt feelings for a long time.

And it's not just face-to-face — the same is true online.

Slide 8:

Why do your words matter? The words you choose, or even the way you say them can make the difference between two completely opposite outcomes: read slide

Slide 9:

Turn to the person next to you. Share one nice word or sentence with them. Now... how did it feel to hear something kind? And how did it feel to say something kind?



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Slide 10:

This week, we want you to take part in the Your Words Matter challenge. You'll get a speech bubble to write a word or short sentence that inspires, connects, supports, or empowers.

We'll put them all together for a display, and some will be shared online.

Slide 11:

Words are not just incredibly powerful when providing support, but also when asking for it. We all need help from time to time, and when we do so, we very often find that we're not alone and there are others that have a similar problem or concern.

Slide 12:

Some people find it harder than others to open up about things that are upsetting them.

You could talk to a parent; a teacher; a friend; another family member. But if you find talking in person too difficult, you can use tootoot.

Slide 13:

Tootoot is an app that allows you to discreetly and confidentially talk about things that may be concerning you. The message will be received by a teacher in the school, who will help you.

Slide 14:

Simply log in and start typing in what's on your mind. You will be anonymous unless there is a genuine concern about your wellbeing.

Slide 15:

The conversation will then go back and forth until the concern has been 'resolved'. Your concerns will always be taken seriously so please use this sensibly.



Slide 16:

We are always here to support and help you if there's anything that's on your mind.

Always tell a parent, a teacher, a friend or tootoot if something is making you feel unhappy or unsafe.