

## Tootoot Pupil Voice Week

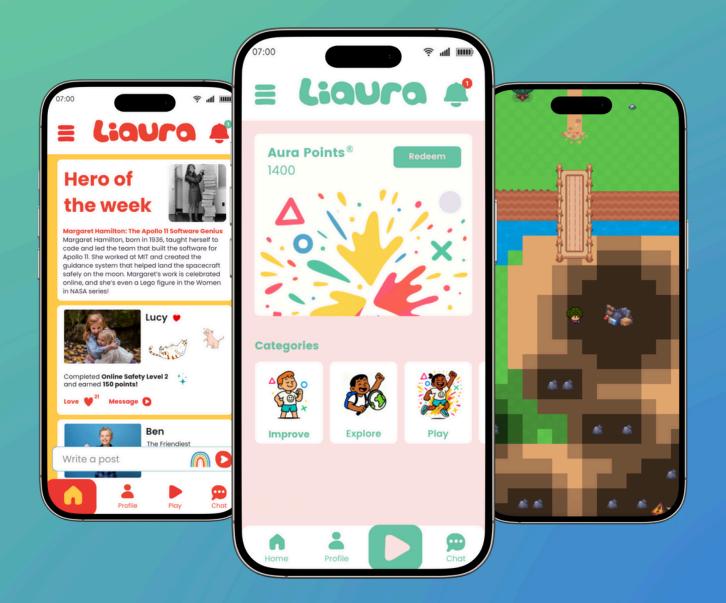
## The Power of Words

with





Safe, Fun Social & Play App

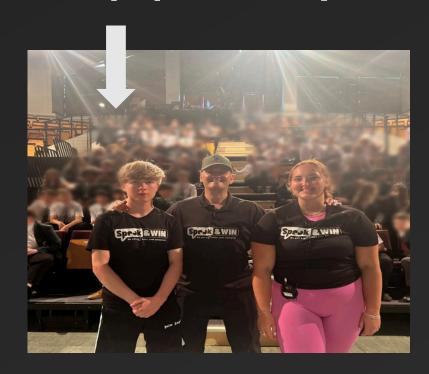


Where Friends Learn & Play



#### **Speaking Expert & Liaura Tutor**

#### Workshops 1000 pupils in 1 day







- Over 30,000 participants
- Hundreds of workshops
- More than 60 partners
- Across England & Africa





#### **Some Stats**

# Gain knowledge about confidence from Si from Speak & WIN Your speaking expert!

- Around ¾ of people avoid public speaking tasks and many don't speak up, even when they really need to.
- 80% experience sweating, trembling, a racing heartbeat, Elvis leg, brain fog, blind panic, feeling hot & a dry throat
- When we find the courage to speak up, we WIN!!

(Discuss)





## Our goals

Encourage you to speak up under pressure!

Rocket confidence Boost self-belief Fuel success









#### Group game

Heads & Tails Warm up game

Flip a coin - everyone who got it right, stays standing.

Last one standing wins!











What's your favourite movie & why?
Start speaking!

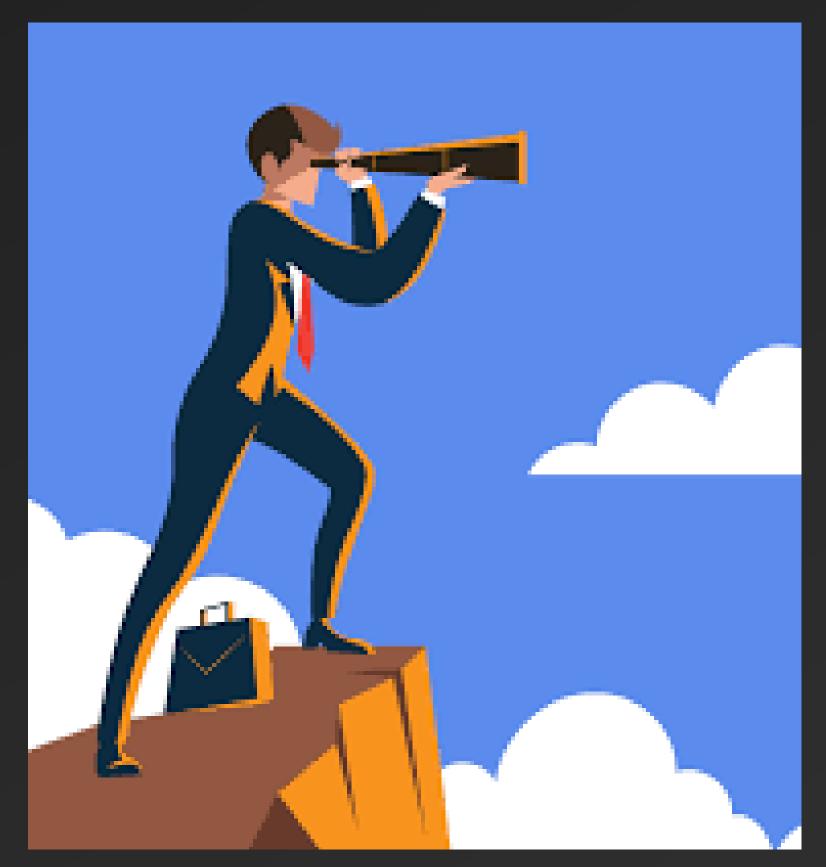




### Speaking face to face

is the number 1 soft skill employers value most highly!

(Discuss)







### Face to face speaking is on the decline

#### Why?



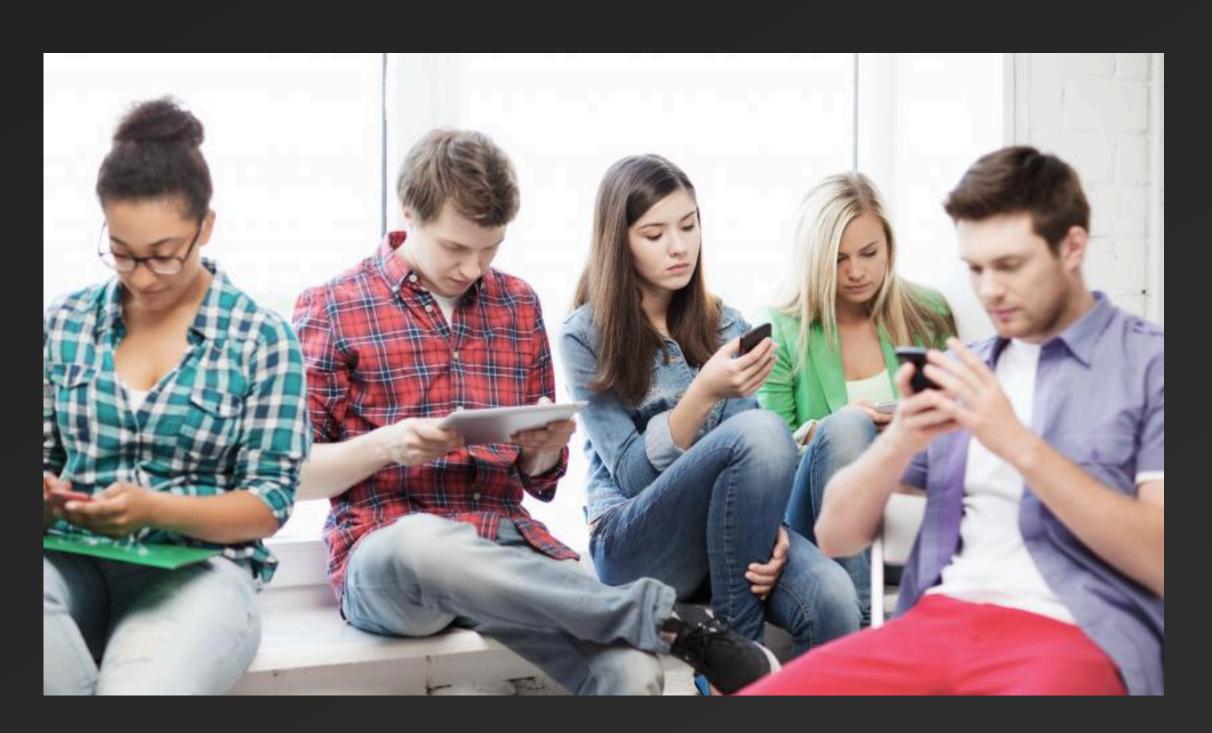




#### We don't talk anymore!

Mobile phones
Social Media
Technology
Social anxiety
Al
VR

(Discuss!)







# Improving F2F speaking skills & building courage to speak up helps with

- Interview Skills 6<sup>th</sup> Form, College, Uni & Jobs
- Nerves
- Social Skills
- Self-Confidence
- Finding or Creating Opportunities
- Peoples' Impression of You





#### Activity

#### Rocket your Future with a

# 60 second personal ELEVATOR PITCH

This speaking practice will...

- Transform your confidence
- Help you shine under pressure







#### 60 second personal ELEVATOR PICH

Must be out loud It's not showing off (Practice 10 mins per week)

- 1. My Strengths & qualities...
- 2. One achievement I'm proud of...
- 3. My hobbies & Interests...
- 4. A job I'd like in the future & why...



Who wants to have a go?





Why practise speaking?

# If you practice this speaking exercise every week for 10 mins

Watch your nerves around speaking reduce Your confidence will **10x**Future self will thank you so much!

Get confident with Speck&WIN
on Ciaura and at school.

Wishing you all every success with your speaking!

Simon Valentine
Founder, Speak & WIN UK
&
Hugh
Founder, Liaura

