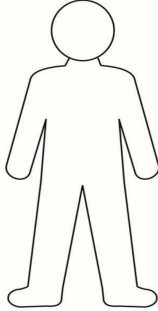
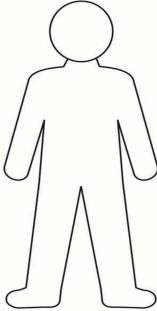
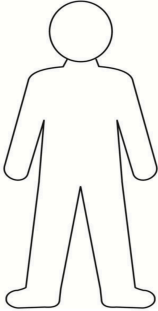
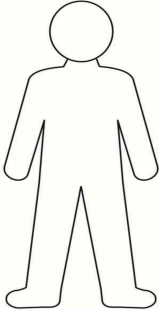


Emotions Diary

	Morning	Lunchtime	Afternoon	Evening
	 I felt _____	 I felt _____	 I felt _____	 I felt _____
Who or what made you feel like this?				
How were you kind to others?				

