

Online

In real life

Both



Punching someone



**Calling someone
names**



**Pushing someone
over**



**Sending a nasty
email**



**Sending a nasty
text message**



**Laughing at someone's
appearance**



**Spreading a
rumour**



**Pulling someone's
hair**



**Telling someone
they're rubbish at
something**



**Breaking someone's
property**



**Leaving someone
out of a game**



**Making nasty comments
about someone's photos**



**Ruin a game
someone is playing**

