

**This assembly script acts as guide to delivering the assembly PowerPoint provided. This assembly resource is designed to celebrate the individuality of the pupil voice - encouraging your pupils to use their voice to be themselves and create positivity for those around them.**

**The script and the PowerPoint use facts about self-esteem and bullying and key discussion points about why it is good to be different, and that a pupil’s voice is the most important part of them.**

**Please choose issues and topics which are most relevant to you and your school and adapt the structure and PowerPoint to suit.**

Good morning everybody! This week is Pupil Voice Week and this year’s theme is ‘It’s Your Voice!’ Our school is going to be supporting Pupil Voice Week, we’re celebrating Your Voice and the fact that it’s good to be different and unique!

The purpose of this week is to encourage you to use your voice, to be yourselves and create positivity for those around you.

We want to talk about the positive things that you enjoy with your friends, at school or at home and to encourage and support others around you!

Within the past year **1.5 million** children and young people have been bullied.

*Talk about the effects this can have on someone*

Because of this, every day **160,000** children aged 5 to 19 are too scared to go to school.

*Talk about what this means*

As much as **36%** of children and young people who have been bullied said it made them feel depressed.

*Discuss what this means*

Children and young people can be bullied for lots of different reasons from appearance and accents to gender and race. And although not their fault, it can still have a negative impact on their confidence and self-esteem.

We want to celebrate the differences that make you who you are! And how great it is that you’re all different from each other.

**Activity:** Get every child with blonde hair and brown eyes to stand-up.

Even though you have similar features, you are all different! You might have different favourite foods, TV shows or favourite subjects. And that’s a great thing!

*Reinforce that to your pupils that being different is a good thing, and if someone is bullying because they are different they should come and speak to you or another teacher.*

I am going to ask you a couple of questions to test you and to see if you are awake! All these questions may seem simple but they’re important as they will start getting you to think more about self-confidence and how important it is!

**Q:** Does anyone know what self-confidence means?

**A:** a feeling of trust in one's abilities, qualities, and judgement.

**Q:** Why is important to be confident or have good self-esteem?

**A:** It gives you a good feeling about yourself and it helps you to believe you can achieve anything!

**Q:** What helps you feel confident about yourselves?

**A:** All sorts of things! From doing well in a test, to doing a good deed. Lots of little things add-up to helping us build our confidence and self-esteem. This is why it is important that we use our voices to help others understand when they do well as something, because it helps them feel confident too!

Turn to the person next to you, and tell them one thing that will help them feel confident about themselves!

Doesn’t it feel great when we use our voices to make other people feel good?

It is important to always work on our confidence and self-esteem. Can anyone think of other ways that you might be able to do this?

*Talk through your pupils, and even add more if there is time.*

Throughout the week (or today depending on when you are going to be using the Pupil Voice Week resources) we are going to be doing a number of activities in class to help you celebrate your voice!

We want to help each other feel great! My challenge to you is that I want you to have complimented two people by the end of the day. I’ll start, Miss/Mr X (pick-out staff member present) I like the way you always help me when I need it, thank you.

Has anybody got any questions?