

## Top Seven Tips to Encouraging Pupil Voice to Stop Bullying:



- ① Use visual aids and reminders around the school to remind pupils of the importance of sharing their concerns and feelings.



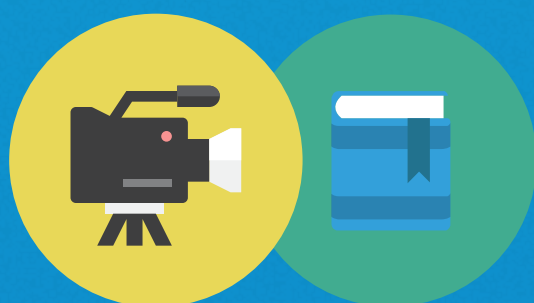
- ② Make sure your pupils know your school is a talking school by using posters, encouraging times that they can talk quietly to their teacher and use times like Anti-Bullying Week and Pupil Voice Week to reiterate that you are there to talk to.



- ③ Set up a school council that influences your anti-bullying work. Make sure your council is representative of the school population.



- ④ Survey pupils in your school to find out about levels of bullying and wellbeing in your school. Ask particularly about types of bullying and whether some groups of young people are more likely to be bullied than others.



- ⑤ Use examples in the media, e.g. literature or film, of young people speaking out to encourage and role-model the pupil voice.



- ⑥ Ask young people what they think of their school.



- ⑦ Organise a 'takeover day' where young people can run an aspect of the school community like social media accounts or assemblies.